



Diocese of Joliet

Catholic Schools Office
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Dear Parents,

As the school year ends and summer vacation begins, it is not too early to begin thinking about next fall, specifically, the Athletic Program. In recent years we have become increasingly concerned about the safety of our children involved in athletics. We are aware that students who play sports need to be physically fit. In order to assure this we require a sports physical for students in grades 5 – 8 who participate in any intermural sport and any student who participates in any intramural sport. The form is enclosed so that you can have your physician complete it in time for late summer or early fall practices.

Proof of the physical must be in the hands of the school before a child practices or plays sports. If a complete physical dated no earlier than a year ago for a 5th or 6th grade student is on file then no sports physical is necessary.

If you have further questions do not hesitate to contact your school Principal for clarification.

Sincerely,

Sr. Helen Jean Kormelink, O.S.B.
Superintendent of Catholic Schools
Diocese of Joliet